



**Manuka**<sup>TM</sup>  
ROYALE



## Manuka Honey Fruit & Veggie Salad

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(serves 4 people)

### FEATURED PRODUCT:

Manuka Royale Honey

### INGREDIENTS

- 3 celery stalks
- 4 fresh apricots or 8 dried ones
- 1 Granny Smith apples
- A handful dried goji berries or dried red cranberries
- A handful dried mallow flowers
- 1 teaspoon MANUKA ROYALE Honey
- Salt, pepper and olive oil to season

### INSTRUCTIONS:

1. Thinly chop the celery, the apricots and the apples;
2. In a serving bowl, combine all the ingredients and season with salt, pepper, extra virgin olive oil and a teaspoon of MANUKA ROYALE Manuka Honey.
3. Enjoy with a slice of your favourite bread.